

DRAGONTREE LIFE COACHING™

FIVE PHASE QUALITIES

ELEMENT	SEASON	GROWTH PHASE	PROJECT PHASE	SENTIMENT (IN BALANCE)	FOUR STRESS SIGNS	MOTHER	CHILD	CONTROLLER	VIRTUES / ATTRIBUTES
WATER	WINTER	SEED	POTENTIAL, DORMANCY	AWE WONDER	FEAR, GROANING, BLUE, PUTRID	METAL	WOOD	EARTH	STILLNESS, WISDOM, FAITH, AWE, WONDER, FLOW, HUMILITY, CLARITY, CLEANNESS, TRUST, POTENTIAL, AUTHENTIC WILL
WOOD	SPRING	SPROUT	PLAN, LAUNCH	VIGOR	ANGER, SHOUTING, GREEN, RANCID	WATER	FIRE	METAL	RISING, KINDNESS, FLEXIBILITY, VISION, PERSPECTIVE, TENACITY, VIGOR, STRUCTURE, DECISIVENESS, COURAGE, DREAMING, PLANNING
FIRE	SUMMER	FLOWER	EXPAND, CONNECT	JOY	MANIA / JOYLESSNESS, LAUGHING, ASHEN, SCORCHED	WOOD	EARTH	WATER	EXPANDING, PROPRIETY, WARMTH, LIGHTNESS, INCLUSIVENESS, OPENNESS, ACCEPTANCE, PASSION, JOY, CONNECTION, AWARENESS, UNITY, DISCERNMENT, ANIMATION
EARTH	LATE SUMMER	FRUIT	HARVEST, NOURISH	CONTEMPLATION	WORRY / INSECURITY, SINGING, YELLOW, FRAGRANT	FIRE	METAL	WOOD	CENTERING, INTEGRITY, NURTURING / NOURISHMENT, GROUNDEDNESS, STABILITY, ENDURANCE, CONTEMPLATION, CONSISTENCY, SUFFICIENCY, ABUNDANCE, WHOLENESS, FOCUS
METAL	FALL	DECAY	REFLECT, LET GO	REFLECTION	GRIEF, WEEPING, WHITE, ROTTEN	EARTH	WATER	FIRE	DESCENDING, SELFLESSNESS, REFLECTION, DISCERNMENT OF VALUE AND GARBAGE, LETTING GO, PRECISION, INSPIRATION, BRILLIANCE, GRIT, RIGHTEOUSNESS, FORMLESSNESS